

## Shea Butter Tree (*Vitellaria paradoxa* Gaertn.) Fruit Yield in Relation to Dendrometric Traits and Land-Use in Uganda

<sup>1</sup>Patrick Byakagaba, <sup>2</sup>Gerald Eilu, <sup>2</sup>John Bosco L. Okullo,

<sup>2</sup>Edward N. Mwavu and <sup>2</sup>Susan B. Tumwebaze

<sup>1</sup>Department of Environment Management, <sup>2</sup>Department of Forestry, Biodiversity and Tourism, Makerere University, P.O. Box 7062, Kampala, Uganda

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**Abstract:** *Vitellaria paradoxa* is one of the dominant and important fruit tree species in savanna woodlands of Africa. The butter extracted from the nuts of this tree is used in medicine, food and cosmetics. However, there is limited information on factors that influence fruit production in *V. paradoxa*. Researchers conducted a 2 years study to assess fruit yield of this tree in relation to dendrometric traits and land use types in four localities within the Shea Belt of Uganda. We determined the patterns of fruit yield by land use categories; inter-annual variability in fruit yield between successive years and different tree sizes. We also developed fruit yield prediction models based on dendrometric traits and land use types. Sampling was done in sites with old fallows, young fallows and cultivated fields within selected districts of the Shea belt in Uganda. Four plots of 50×50 m were established systematically in each land use type. Fruiting trees were randomly selected and fruit yield assessed over two fruiting seasons. Current fields and young fallows had better fruit yield compared to old fallows. Fruit yield varied between the 2 years of data collection. Most dendrometric traits exhibited a weak positive correlation with fruit yield. The likelihood of fruit yield increase was high in current fields than fallows. Trees with few branches at first forking of the stem were more likely to have better fruit yield than those with many branches. Therefore, Dbh, land use types and number of branches at first forking were suitable explanatory variables for fruit yield prediction. Farmers need to preserve large DBH trees with few branches at first forking under conditions of either current fields or young fallow if fruit production is the main objective of managing Shea parklands.

**Key words:** Inter-annual variability, fruit production, DBH, crown diameter, *Vitellaria* savanna

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### INTRODUCTION

*Vitellaria paradoxa* (Shea butter tree or Karite) is an indigenous tree species in the savanna woodlands of Africa (Hall *et al.*, 1996). It belongs to the family Sapotaceae within the genus *Vitellaria* with two subspecies i.e., *V. paradoxa* ssp. *nilotica* and *V. paradoxa* ssp. *paradoxa* (Hall and Hindle, 1995). *V. paradoxa* ssp. *nilotica* occurs in Eastern Africa (through South Sudan, Northern and North Eastern parts of Uganda, Western Ethiopia and North Eastern parts of Democratic Republic of Congo) in areas of altitude 650-1600 masl. *V. paradoxa* ssp. *paradoxa* is found in West Africa from eastern parts of Central African Republic westwards to Senegal in areas of altitude between 100-600 m (Hall *et al.*, 1996).

*V. paradoxa* is one of the most important fruit trees in the savanna woodlands of Africa (Boffa, 1999; Hall *et al.*, 1996) in terms of socio-economic potential and

ecological functions (Teklehaimanot, 2004; Sanou *et al.*, 2004). The pulp can be eaten as a snack or processed into juice while the butter extracted from the dried kernels may be used as vegetable oil, manufacturing of skin care products and in pharmaceutical as well as confectionery industries (Kelly *et al.*, 2004; Lamien *et al.*, 2007). There is growing international demand for Shea butter products, especially in chocolate and cosmetic industry that has made Shea butter a flagship export commodity for many African countries (Teklehaimanot, 2004). About 350,000 metric tons of Shea butter are exported annually from Africa while 150,000 metric tons are consumed locally (<http://www.globalshea.com>).

Few studies have assessed the factors that influence fruit production. Most previous studies focused on the ecology and growth (Von Maydell, 1990), distribution and spatial patterns in relation to farmers' practices (Maranz and Wiesman, 2003) seasonal variation of phenology (Okullo *et al.*, 2004a), impacts of land

management regimes on flowering phenology (Kelly, 2007), population structure and land use types (Byakagaba *et al.*, 2011) and human influence on genetic structure (Kelly *et al.*, 2004). It is only Lamien *et al.* (2007) who developed Shea Fruit Prediction Models based only on dendrometric traits in Burkina Faso. The models developed were not only site specific but did not explore the influence of other important variables such as land use type (Boffa, 1999) on fruit yield.

Quantitative studies on fruit yield in *V. paradoxa* were also done in Benin by Kakai *et al.* (2011) however, they only focused on influence of climatic gradient. Studies (Boffa, 1999; Maranz and Wiesman, 2003) show that land management regime is an important predictor variable for any studies on *V. paradoxa* because humans influence the productivity of this tree through selecting particular trees of this species and land use practices.

In their studies in Northern Uganda Okullo *et al.* (2004b) reported that trees in cultivated areas have better fruit yield than fallows however, this was based on farmers perceptions. Quantitative data are therefore required for predicting fruit yield in *V. paradoxa* based on dendrometric traits and land use practices. Studies (Bayala *et al.*, 2008; Boffa, 1995; Hall *et al.*, 1996; Lovett, 2000) showed that fruiting in *V. paradoxa* may be cyclic but did not explore the possible reasons for this phenomenon hence spatial and temporal patterns need to be further investigated. Data on fruit yield dynamics is vital for determination of sustainable harvesting levels and planning the Shea industry. The aim of this study was to assess *V. paradoxa* fruit yield in relation to dendrometric traits and land use practices.

Fruit yield in this study refers to the number of fruits on each tree. Researchers determined the differences in fruit yield between land use types, between successive years and size of the trees. Researchers also developed fruit yield prediction models based on dendrometric traits and land use types.

We hypothesised that there is no inter-annual variability in fruit yield and that land use practices and dendrometric traits do not influence fruit yield in *V. paradoxa*. Other studies done in West Africa (Bayala *et al.*, 2008; Lamien *et al.*, 2007; Hall *et al.*, 1996) posit that there is inter-annual variability in fruit yield however, the pattern in Eastern Africa is yet to be known. The influence of dendrometric traits of *V. paradoxa* on fruit yield have been studied in West African Shea parklands (Bayala *et al.*, 2008; Lamien *et al.*, 2007) however, there are inconsistencies among various researchers hence, the need for more studies to have a better understanding of the relationship. Studies on other savanna tree species (Venter and Witkowski, 2011; Kimondo *et al.*, 2011) show that land use influences fruit yield however, quantitative studies to confirm the trends of land use influence on fruit yield of *V. paradoxa* have not been done.

## MATERIALS AND METHODS

**Study area:** The study was carried out in the Vitellaria savannas of Uganda in the districts of Katakwi (1°53'28"N, 33°57'58"E), Lira (2°14'6"N, 32°54'35"E), Moyo (3°37'41"N, 31°45'13"E) and Nakasongola (1°18'32"N, 32°27'23"E) (Fig. 1). The sites are flat except Katakwi

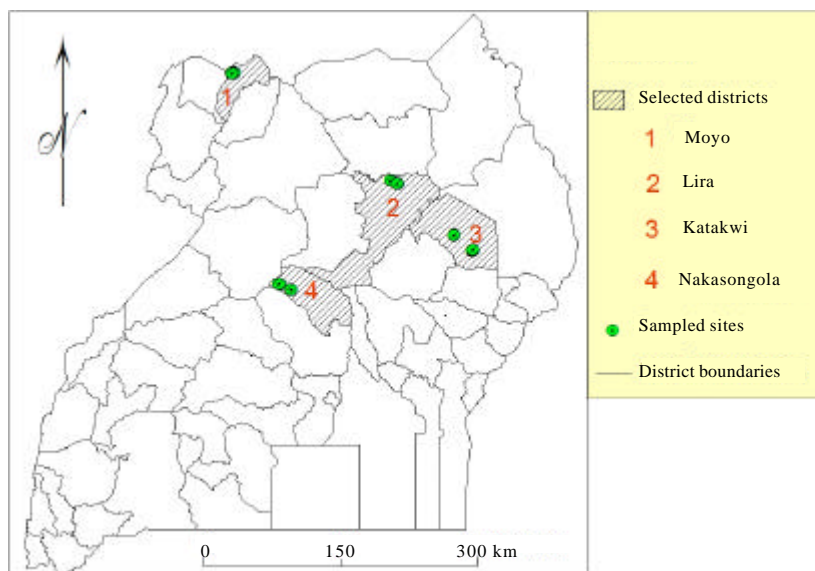


Fig. 1: Map of Uganda showing the location of study sites (Byakagaba *et al.*, 2011)

that has some plateaus. The mean annual rainfall ranges between 500-1600 mm and they experience bimodal rainfall regime. The soils in these sites vary from sandy, loamy and clay with a pH ranging from 5.5-6.5. These sites are mainly characterised by shallow soil profiles with low moisture content in most part of the year except during the wet season. The vegetation is dominated by *Vitellaria paradoxa* and other savanna woodland species such as *Acacia* sp., *Terminalia* sp. and *Combretum* sp. (Langdale-Brown *et al.*, 1964). The major economic activities include subsistence agriculture, livestock rearing, charcoal burning and Shea butter fruit collection or processing.

**Sampling design:** One site was subjectively selected in each district based on presence of *Vitellaria paradoxa* within fallow and cultivated land use types. The two land use types dominate *Vitellaria* savannas (Byakagaba *et al.*, 2011; Okullo *et al.*, 2004a; Boffa, 1999). Fallow land was categorised as old or young. This is based on the duration the land has been under fallow. Old fallow is a piece of land that has not been cultivated for >10 years; young fallows are 3-6 years old, cultivated land (current fields) are areas covered by annual crops at the time of study. In Nakasongola no current fields with *V. paradoxa* were encountered. Old fallows are usually covered by dense vegetation compared to young fallows and current fields, respectively.

Fallows facilitate tree recovery through re-growth of stumps or germination of the seeds (Augusseau *et al.*, 2006). Current fields are covered by low tree cover because of high level of disturbance associated with growing of annual crops, especially due to weeding. Four square plots of 50×50 m were established within each land use type. The location of the first plot was randomly chosen and subsequent plots were systematically established along a transect at intervals of 100 m.

#### Data collection

**Fruit yield assessment:** Within each of the 50×50 m plots, three fruiting *Vitellaria paradoxa* trees were selected randomly from each plot, tagged and fruit yield assessed over two fruiting seasons (year 2009-2010 and 2010-2011). Fruit yield data were collected between the months of May and June just before the fruits started dropping (peak of fruiting). Fruit yield was measured following the Randomised Branch Sampling Method (Jessen, 1955). Sampling of branches considered the first forking of the stem. Each of the branches was labelled and four other succeeding branches along the path of each main branch were selected randomly. Each selected branch was

followed to the terminal segment and fruits counted. The number of fruits for each selected branch was derived by dividing the number of fruits observed at the terminal of the path by the probabilities (number of forks) along the path. The pooled fruit yield estimate was determined based on the average of the totals from the selected branches of each tree.

**Collection of data on dendrometric traits:** The following dendrometric traits were measured for each sample tree: height, crown diameter and Diameter at Breast Height (DBH). The DBH was measured at 1.3 m above ground using a diameter tape. Height was measured using a SUUNTO clinometer. Crown diameter was measured using a 100 m tape by two people each standing at the extreme part of the crown in the North-South and East-West directions determining the length on the ground. The average of North-South and East-West distances was considered as crown diameter. Height at first forking of the stem was measured using a tape. The number of stems at first forking of the main stem was also recorded.

**Data analysis:** The Kruskal-Wallis analysis of ranks was used to test differences in fruit yield between the three land use types. It is a nonparametric test used to determine whether more than two groups of ordinal data differ (Conover, 1999). The inter-annual variability in fruit yield was analysed using Mann-Whitney U test which is a non-parametric test that is used to test whether two samples of ordinal data differ (*ibid*). Pearson correlation coefficients were calculated to test for any association between dendrometric traits of the trees and fruit yield (Schrekenberg, 1996; Kimondo *et al.*, 2011). All the tests were done using Minitab Software (Minitab Inc. Pennsylvania, USA).

Fruit yield prediction models based on dendrometric variables and land use type were developed using Poisson Regression Analyses considering that fruit yield was collected as count data (Evans *et al.*, 1988). The dendrometric variables were tested for multi-collinearity using Pearson correlation coefficients prior to the regression analyses. Variables with the highest correlation coefficient with fruit yield were retained in situations where multi-collinearity was observed.

## RESULTS

**Fruit yield in relation to land use practices:** There was a significant difference in fruit yield among the different land use types in 2009-2010 fruiting season but not in 2010-2011 fruiting season. Current fields and young

Table 1: Mean seasonal (years 2009-2010 and 2010-2011) fruit yield among different land use types within the four study sites in Uganda

Study sites	Fruit yield (2009-2010)			Fruit yield (2010-2011)		
	Old fallow	Young fallow	Current field	Old fallow	Young fallow	Current field
Katakwi	141.5±30.3	539.0±135	207.9±36.8	921.0±299.0	1349±328	1190±281
Lira	202.0±81.0	30.9±17.40	210.8±65.1	545.0±158.0	259±112	588±198
Moyo	274.5±54.6	191.8±85.5	131.1±29.4	652.0±312.0	792±204	673±182
Nakasongola	41.5±14.6	12.5±5.52	-	92.3±20.40	0	-

Table 2: Fruit yield in the 2 years of fruit collection within the four study sites in Uganda

Sites	Median in 2009-2010	Median in 2010-2011
Katakwi	194	818*
Lira	84	328*
Moyo	140	463*
Nakasongola	16	22

\*Significant at p<0.05

Table 3: Correlation between dendrometric traits and fruit yield within the four study sites in Uganda

Dendrometric trait	Sites				Aggregated data
	Katakwi	Lira	Moyo	Nakasongola	
DBH	0.168	0.246*	0.391*	0.280*	0.381*
Height	0.102	0.191	0.315*	0.491*	0.217*
Height at first forking	-0.024	0.191	0.226*	0.414*	0.086
No. of branches at first forking	-0.113	0.135	0.188	-0.168	0.128*
Crown diameter	0.290*	0.313*	0.258*	0.383*	0.376*

\*Significant at p<0.05

fallows registered high fruit yield than old fallows in both seasons of data collection. The means of fruit yield under each land use type are shown in Table 1.

**Inter-annual variability in fruit yield:** There was generally, a significant difference in fruit yield between 2 years of data collection (2009-2010 and 2010-2011). Fruit yield at each site in each year of data collection are shown in Table 2.

**Relationship between dendrometric traits and fruit yield within the four selected study sites in Uganda:** The DBH and crown diameter were generally significantly correlated to fruit yield. The correlation between the number of branches at first forking, total height, height at first forking and fruit yield was generally weak compared to the correlation between DBH, crown diameter and fruit yield. Height at first forking point was not significantly correlated with fruit yield when the data of all sites was aggregated. The correlation coefficients for each dendrometric trait and fruit yield are shown in Table 3. Generally, the correlation between dendrometric traits and fruit yield was weak (r<0.4).

**Fruit Yield Prediction Models:** The DBH, land use type and number of branches at first forking point of the main

Table 4: Parameter estimates for the models in Katakwi, Lira, Moyo and Nakasongola

Sites	Parameter estimates				No. of branches at first forking point
	Intercept	Old fallow	Young fallow	DBH	
Katakwi	5.744*	-0.145*	0.378*	0.019*	-0.157*
Lira	4.65*	-0.225*	-1.029*	0.028*	-
Moyo	3.478*	0.740*	0.844*	0.038*	-
Nakasongola	2.915	2.134*	-	0.020*	-0.787*

\*Significant at p<0.05

stem were used in the Poisson Regression Analyses leaving out other variables due to multi-collinearity. The parameter estimates for the models for each site are shown in Table 4. The Poisson Regression Models for each site are as follows:

$$\text{Inlog of fruit yield in Katakwi} = 5.744 - 0.145\text{OF} + 0.378\text{YF} + 0.019\text{DBH} - 0.157\text{NB}$$

$$\text{Inlog of fruit yield in Lira} = 4.65 - 0.225\text{OF} - 1.029\text{YF} + 0.028\text{DBH}$$

$$\text{Inlog of fruit yield in Moyo} = 3.478 + 0.740\text{OF} + 0.844\text{YF} + 0.038\text{DBH}$$

$$\text{Inlog of fruit yield Nakasongola} = 2.915 + 2.134\text{OF} + 0.02\text{DBH} - 0.787\text{NB}$$

Where:

OF = Old Fallow

YF = Young Fallow

DBH = Diameter at Breast Height

NB = Number of Branches at first point of branching

It is predicted that fruit yield in Katakwi would be 1.2 times (exp (0.145)) lower in old fallow compared to current fields while holding other variables constant. Fruit yield in young fallow is predicted to be 1.6 (exp (0.378)) times higher than current fields while holding other variables constant, increase in DBH by 1 cm would result into 1 (exp (0.019)) time increase in the fruit yield assuming all factors remain constant while single unit increase in number of branches at first forking point would result into decrease of fruit yield by 1.2 (exp (0.157)) times.

It is predicted that fruit yield in Lira would be 1.3 (exp (0.225)) times lower in old fallow compared to current fields while holding other variables constant while predicted fruit yield in young fallow is expected to be 2.8 (exp (1.029)) times lower than in current fields while holding other variables constant. Increase in DBH by 1 cm would result into 1 (exp (0.028)) time increase in the fruit yield assuming all factors remain constant. Fruit yield in old fallow of Moyo is expected to be 2.1 (exp (0.74)) times higher than in current fields while holding other variables constant while predicted fruit yield in young fallow is expected to be 2.3 (exp (0.844)) higher than in current fields while holding other variables constant. Increase in DBH by 1 cm would result into 1 (exp (0.038)) time increase in fruit yield assuming all the other variables remain constant. It is predicted that fruit yield in Nakasongola would be 8.5 (exp (2.134)) times higher in old fallows than in young fallow while holding other variables constant. Increase in DBH by 1 cm would result into 1 (exp (0.02)) time increase in fruit yield assuming all factors remain constant. Increase in number of branches at first forking point would result into expected fruit yield to decrease by 2.2 (exp (0.787)) times assuming all variables remain constant.

## DISCUSSION

**Fruit yield in relation to land use practices:** The present findings corroborate Venter and Witkowski (2011) who found that fruit yield in savanna tree species tends to be high in human modified sites like cultivated areas and young fallows compared to areas that have been under fallow for along time and have characteristics of undisturbed landscapes. This phenomenon could be attributed to sparse vegetation in the current fields and young fallows (pers.obs.) which may result in to reduced inter-plant competition hence increasing availability of limited growth resources necessary for the increase in fruit yield in these land use types compared to old fallows. The sparse vegetation in current fields may also be due to regular weeding that is carried out by farmers when growing crops.

Trees in current fields are usually safe from wild fires because of the low fuel load under this land use type and fire protection provided by farmers hence they attain maximum fruiting compared to those in old fallows which are rarely protected from fires (Okullo *et al.*, 2004b). The study therefore, confirms that maximum fruit yield in *V. paradoxa* is achieved in current fields and young fallows which are characterized by sparse vegetation cover and protected from incessant wild fires. This is probably because *V. paradoxa* prefers sites with less

competition and protection from incessant fires in order to attain maximum fruit production (Hall *et al.*, 1996).

**Inter-annual variability in fruit yield:** The inter-annual variability in fruit yield is reported else where in literature (Bayala *et al.*, 2008; Boffa, 1995; Hall *et al.*, 1996). This trend may be explained by the differences in weather conditions in the periods the data were collected. Area within the Shea belt of Uganda experienced heavy rainfall and floods in the years 2007 and 2008 (MWE, 2011). This probably affected flowering of Shea butter trees in the 2009-2010 fruiting season negatively resulting in relatively low fruit yields compared to the 2010-2011 fruiting season. High precipitation is associated with reduction in flowering and fruiting in *V. paradoxa* (Okullo *et al.*, 2004a) which explains the present results. High precipitation may lead to the abortion of flowers. The high inter-annual variability in fruit yield complicates predictions that are necessary to establishing sustainable harvesting rates. Thus fruiting in Shea butter trees is confirmed to be cyclic but long terms studies are required to identify patterns of fruit yield (Lovett, 2000).

### **Relationship between dendrometric traits and fruit yield:**

The diameter at breast height, crown diameter and height all exhibited a weak positive correlation with fruit yield of individual trees ( $r$ -values $<0.5$ ) however, this to some extent is contrary to Lamien *et al.* (2007) who did not find significant correlation between stem tree diameter or height with fruit yield but found significant correlation with crown diameter. Similarly, Schreckenber (1996), Miller and Dietz (2004) and Kimondo *et al.* (2011) found positive correlation between stem diameter and fruit yield. Larger and taller trees are considered to have high fruit yield because as DBH and height increase it implies that the tree is drawing closer to maturity when maximum fruiting is expected. Shea butter trees attain maximum fruiting at 20 to  $>50$  years (Okullo *et al.*, 2004a) and therefore since increase in stem diameter and height imply increase in age, fruiting would increase with an increase in these variables.

Large crown diameters indicate large numbers of potential fruiting branches and subsequently fruit yield (Foster, 2008). Bayala *et al.* (2008) however did not find any significant difference in fruit yield when the crown of the trees assessed was reduced by half-pruning. This may be due to the differences in the canopy shapes of trees assessed. Generally, the Shea butter trees in West Africa are dominated by broom-shaped or oblong canopies (Diarrassouba *et al.*, 2007) unlike Eastern Africa which is dominated by spherical-shaped canopies (Okullo *et al.*,

2004a, b). Reducing crown diameter in trees with spherical-shaped canopies reduces the surface area for light penetration necessary for fruiting of most branches on an individual tree and vice versa (Warrington *et al.*, 1996). Reducing crown diameter in broom or oblong-shaped canopies has no significant influence on light intercepted by the tree hence fruit yield may not necessarily change when crown diameter is manipulated.

**Prediction of fruit yield:** The models show that the likelihood of fruit yield increase was high in current fields than fallows. This is expected considering that current fields in Shea belt of Uganda are usually characterized by very low tree cover of other species (pers. observ.) that would increase inter-plant competition to jeopardize the ability of Shea butter trees to fruit to their full potential. Although increase in DBH was predicted to increase the likelihood of fruit yield increase; its influence was minimal compared to other variables. This is probably because all trees sampled were mature and therefore had reached the size for maximum fruiting capacity hence differences in fruit could not be very strongly associated to size of the tree.

The models show that the likelihood of fruit yield to decrease was high in trees that had many branches at first forking point of the stem compared to those with few. This is probably because increase in number of branches increases competition for resources within an individual tree (Karlsson *et al.*, 2006) and therefore the limited resources for the tree are prioritized for critical physiological processes of the plant such as leaf formation instead of fruiting (Karlsson and Mendez, 2005).

More so, trees with many branches at the first forking point had small crown diameters with thick canopies compared to those with few branches (Byakagaba) and this could have reduced the surface for light penetration (Bayala *et al.*, 2008) yet adequate light is critical for flower development and subsequent fruiting process (Lakso and Robinson, 1997). Farmers ought to be advised to maintain trees with few branches at the first forking point because they develop large crowns with open canopies which allow light penetration necessary for maximum fruiting as shown from the present study.

## CONCLUSION

The study shows that land use influences fruit yield in Shea butter tree however, its influence varies with site. This study has confirmed that human modified habitats like the current field and young

fallows have better fruit yield compared to sites that have been left under fallow for a long time. Researchers found that there was high inter-annual variability between the 2 years of fruit data collection and we associate this to the high rainfall that was received in the preceding year before data collection commenced. This confirms that fruiting in Shea butter trees is cyclic and is most likely influenced by rainfall distribution in the preceding year.

Dendrometric traits influence fruit yield however, their influence is weak compared to land use type on fully mature trees. It is possible to construct fruit yield prediction models in Shea butter tree however, it is difficult to build models that can be applicable to different sites. The study confirms the importance of region-specific fruit yield studies considering that the influence of the explanatory variables was different for various sites and therefore developing one model for all sites would increase the error term in model constructed. Before the models can be applied in the management of Shea parklands; there is need for further assessments over a long period considering that there is annual variation in fruit production in Shea butter trees as the present study has shown.

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